



KOOL KIDZ

EARLY LEARNING
KINDERGARTEN
CHILDCARE

MAKING PLAYDOUGH FACES & EXPLORING EMOTIONS

Children can enjoy helping to create their own playdough. They will love helping measure out ingredients and using their hands to mix and form the playdough. The playdough uses ingredients that are usually available in your pantry. Once the playdough is complete, children can use the playdough to make faces on the template provided. They can explore creating different emotions as well as having fun using their sensory capabilities. It is recommended that an adult supervises this activity.

This activity is ideal
for kids aged
2 - 5 years



How this activity fits in the Kool Beginnings Curriculum



Me Myself & I

What will your child be learning:

- Fine motor development as they use their fingers to manipulate playdough to form different shapes and lengths.
- Sensory exploration by allowing children to feel the playdough in their hands.
- Numeracy skills when measuring playdough ingredients.
- Imagination and cognitive skills are developed when children make different emotions on the face using the playdough.
- Verbal skill by asking your child to articulate what emotion they are making next.

What you will need to make playdough:

- 2 cups plain Flour
- 1 cup salt
- One tbs oil
- 1 cup cold water
- 2 drops Food colouring (optional)

Method:

- Start by mixing the dry ingredients = flour and salt, in a bowl.
- Once mixed, begin adding the wet ingredients = water, oil and colouring.
- Knead well until it forms the playdough (if you feel it's too sticky, add more flour).
- The templates provided at the bottom of this page can be printed out. If you don't have access to a printer, you can simply draw the outline of a face.



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