



KOOL KIDZ

EARLY LEARNING
KINDERGARTEN
CHILDCARE

MESS FREE SENSORY ART

This activity can be done in a high chair or during tummy time. Babies can explore their senses while using their hands to create patterns in the paint contained inside a zip lock bag. This activity allows children to spread paints and enjoy the sensation of finger-painting without the mess.

This activity is ideal
for kids aged
0 - 1 years



How this activity fits in the Kool Beginnings Curriculum



Art Expression

What will your child be learning:

- Sensory exploration allows children to feel the soft and slimy paint and move it around inside the bag.
- Colour mixing – children will be learning whilst mixing colours to form other colours.

What you will need to make drums & shakers:

- colour
- A large zip lock bag

Method:

- Start by putting some paint into the zip lock bag and ensure that the bag is sealed properly. Be careful not to add too much paint, or it makes it harder for little hands to move the liquid around and creating patterns (and too much paint makes it easier to spill out of the bag).
- Try adding more than one colour so your child can explore the patterns different colours make together.

Extra Tip:

- You can choose to add beads or rice to the inside of the bag to add another layer of sensation.